COVID-19 TESTING INFORMATION

WHAT DOES THIS TEST DETERMINE?

- For the rapid COVID-19 antigen test, your test results will typically be available in 15 minutes for those patients seen in clinic. Our goal is that your test results will be available in your child's patient portal by the end of day regardless of an in person or telemedicine appointment.
- A positive test result for COVID-19 indicates that antigens from the virus were detected. It also means that the patient is infected with the virus and is presumed to be contagious.
- If your child's test is negative, it means you were not shedding the virus at the time of testing. There have been instances where the test provides false-negative results which means if you are negative, you may still have the virus that causes COVID-19. With this in mind, please refer to the guidelines below for additional information.

HOW DO I ACCESS MY RESULTS THROUGH THE PATIENT PORTAL?

- Please go to treehousepedi.com.
- Scroll over the drop-down menu associated with "Patient Portal." Click "Log In" or "Sign Up" depending on if you have already created a portal account for your child and follow the prompts.
- Your results will be located under "My Health" and then "Test Results".

HOW DO I CARE FOR MY CHILD AT HOME WITH COVID-19 OR SYMPTOMS CONSISTENT WITH COVID-19?

- Make sure that they get plenty of rest.
- Encourage your child to drink plenty of fluids.
- Provide fever reducers as needed such as acetaminophen (Tylenol) or ibuprofen (Motrin or Advil). You may reference our website (treehousepedi.com) for further dosing instructions based on your child's weight.

WHAT IS HOME ISOLATION?

If you are being tested, you must home isolate. This means you must not leave your home for any reason other than to seek medical care. Please do not go out in public. Do your best to isolate the person being tested to one room in the home and do not allow other family members or pets in the room unless necessary. Have the patient use a separate bathroom if possible. If the patient needs care, both the patient and caregiver should wear a mask at all times (unless patient is under 2 years of age) and the caregiver should wash their hands for 20 seconds after each encounter.

WHEN CAN MY CHILD STOP HOME ISOLATION AND RETURN TO SCHOOL OR DAYCARE?

Positive symptomatic patient:
- At least 10 days have passed since symptoms first appeared **AND**
- At least 3 days (72 hours) have passed since:
  - Resolution of fever without the use of fever-reducing medications **AND**
  - Improvement in respiratory symptoms (e.g., cough, shortness of breath)

Positive asymptomatic (no symptoms) patient:
At least 10 days have passed since the first positive COVID-19 test and you have not developed any symptoms. If you develop symptoms, please follow the guidelines for the symptomatic patient.

Negative patient with symptoms AND with known close exposure:
Please follow the above guidelines for positive symptomatic patients and the child's family and close contacts should follow the above 14 day home-isolation guideline.

Negative asymptomatic (no symptoms) patient with known close exposure:
Please have the patient and family home-isolate for 14 days from the last day of exposure. Follow the link below per the CDC for additional guidance on when to start and stop the 14 days of quarantine.

Caregiver and family to person being tested:
Please review the following information in order to keep you and your family safe:
https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html

WHEN TO GO TO THE ER?

- Difficulty breathing, chest pain, change in mental status or behavior, difficulty waking up or more sleepy than normal, change in color to lips or face, signs of dehydration.
- This is not a comprehensive list of concerning symptoms. If you have questions about if your child is becoming more sick and needs to be seen by a provider, please call us at 512-255-8868.