

EATING DISORDERS

- Before calling to schedule an appointment, check with your insurance company to find out if a referral is required and to determine in-network benefits.
- If a referral is required, be sure to call our office 1 week in advance to allow for time to send medical records and/or request preauthorization.
- If the specialist we recommend is not participating in your insurance network, please consider using a doctor recommended by your insurance company to avoid any out of pocket expenses.

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