



Treehouse
Pediatrics

DIPHENHYDRAMINE (BENADRYL) DOSAGE CHART

(Not until 6 months of age)

Child's Weight	Benadryl Syrup (12.5mg/5mL)	Benadryl Chews (12.5mg)	Benadryl Chews (25mg)	May Give Every
20-24 lbs	¾ teaspoon (4 mL)	---	---	6 hours
25-37 lbs	1 teaspoon (5 mL)	1 tablet	1/2 tablets	6 hours
38-49 lbs	1 ½ teaspoons (7.5 mL)	1 1/2 tablets	1/2 tablets	6 hours
50-99 lbs	2 teaspoons (10 mL)	1 tablet	1 tablet	6 hours
100 lbs or more	---	---	2 tablets	6 hours

- Give every 6 hours if needed, for allergies or as directed by your doctor. **DO NOT GIVE MORE THAN 4 DOSES IN 24 HOURS.** Do NOT use with any other medicine containing diphenhydramine.
- Please check the bottle for the concentration. There may be both the old and new concentrations available in stores and medicine cabinets.
- *Caution: We recommend that you use the dropper or dosage cup that comes with your medicine to avoid overdose.
- Dosage recommendations on bottles may vary from the recommendations on these pages. We would like you to use our recommended dosage unless your healthcare provider has given you a different dosage. Aspirin should not be given to your child.

MEDICINE DOSAGE TIPS

Be sure to track the times you give each dose, as well as monitor your child for any reactions. We are always here to help if you have any questions or concerns, just send us a portal message or give our office a call at (512) 255-8868 and we would be happy to assist you.