

NUTRITIONIST

- Before calling to schedule an appointment, check with your insurance company to find out if a referral is required and to determine in-network benefits.
- If a referral is required, be sure to call our office 1 week in advance to allow for time to send medical records and/or request preauthorization.
- If the specialist we recommend is not participating in your insurance network, please consider using a doctor recommended by your insurance company to avoid any out of pocket expenses.

Texas Children's Specialty Care-Austin**Clinical Nutrition /Dietetics**

8611 North MoPac Expressway, Ste. 300 Austin, TX 78759

Ph. (737) 220-8200 / Fax (737) 220-8180

www.texaschildrensaustin.org/specialtycare

Dell Children's Outpatient Nutrition Services

4900 Mueller Blvd 2nd Floor, Marnie Paul Specialty Care

Center Austin, TX 78723

Ph: (512) 324-0137

Texas Nutrition Consultants

locations in Central & South Austin and Round Rock

Ph. (512) 338-4500

www.texnutrition.com

H-E-B Wellness Nutrition Services

nutritionservices@heb.com

Ph: (855) 803-9355

TLB Nutrition Therapy

2520 Longview Street Unit 211 Austin, TX 78705

Ph. (512) 522-7793 / Fax (818) 484-2316

tlbnutritiontherapy@gmail.com

Wilfong Nutrition

Telehealth appointments, in the State of Texas, only at this time

Ph. (512) 843-1681 / Fax (737) 443-5958

anne@wilfongnutrition.com

Sparkman Nutrition

14501 Spicewood Springs Road, Ste 1022

Austin, TX 78759

Ph. (512) 257-0898

info@sparkmannutrition.com

www.sparkmannutrition.com

Optimal RD: Registered Dietitian Nutritionists

11782 Jollyville Rd. Austin, TX 78759

Ph. (512) 815-3438

info@optimalrd.com

Laura Mangum, RD

7200 Wyoming Springs Dr. Ste. 1500 Round Rock, TX 78681

Ph. (512) 731-8679 / Fax (512) 628-3449

www.lauramangumrd.com

Endurance Wellness Coaching

Alli Winkelmann, Director of Health & Wellness

Ph. (512) 591-8165

alli@endurancewellnesscoaching.com

Straight Forward Wellness, LLC

Kati Ohlmeyer, MS, RDS, LD

Ph. (512) 568-2624

ohlmeyerrd@gmail.com

Food War No More

Denise Jorgensen, LPC

foodwarnomore.com